DISCOVER OMAN AND ITS GEOLOGY

TRIP AVAILABLE IN	JANUAF	<mark>RY - FEB</mark> I	RUARY -	MARCH	- NOVE	<mark>IBER - D</mark>	DECEMBER	
TRIP DURATION	10 Day							
STARING PLACE FINISHING PLACE	Muttrah Muttrah							
DIFFICULTY LEVEL	Level 2 Quite easy tours with easy hikes (no more than 4 hours walking and 300m height difference). These tours might include swimming but no aquatic hike nor canyoning. There is always the option, for the participants who wish it, not to do the walk ; when possible, an							
PRICE PER PERSON								
Number of Guests	2	3	4	5	6	7	8	
Price per person in OMR Price per person in USD	930 2435	730 1911	650 1702	720 1885	650 1702	600 1571	580 1518	
STAFF FOR THE TRIP	from 1 to 4 Guests							
		1 Tourleader with the knowledge for guiding the activities of the trip from Day 1 to 10						
	from 5 to 8 Guests 1 Tourleader with the knowledge for guiding the activities of the trip from Day 1 to 10 1 Driver from Day 1 to 10							
	Cooking	Cooking during bivouacs is performed by the whole team						
TRANSPORTATION	from 1 to 4 Guests							
For transfers mentioned in	1 4WD Car from Day 1 to 10							
the program	from 5 to	8 Guests 2 4WD C		Day 1 to 1	0			
PRICES INCLUDE	Transpo	rtations m	entioned	above				
	Petrol Staff mentioned above All excursions and entrance fees mentioned in the program Breakfast on days							
PRICES DON'T INCLUDE	Personal Expenses Drinks between meals Breakfast on days							
WHAT YOU HAVE TO BRING	Sandals Sleeping Headligh Toilet pa Light clo Warmer Hiking b Walking Hiking ba	ection and Bag It per thes clothes (j pots and s sticks (op ag (20-30	acket and socks otional : it L)	d trousers can help	you on s		eraries) you don't like walking on rocks)	

ADVICE FOR TREKKERS Oman is a mountainous arid country. All the paths are rocky and some are steep. Unless you are a experimented mountainer, or you are specially at ease in rocky terrains, it would be a good idea in Oman that you choose a level of difficulty a little under what you usually manage to do. You will still be able to see wonderful places and to perform very nice trekkings, but this will just prevent you from suffering and thus not enjoying your trip.

ADVICE ABOUT THE GOOD WAY OF CLOTHING Oman is a muslim country in which islam is strict but very open-mined and tolerant. You'll never see an Omani pointing out the way of clothing or behaving of a tourist. But all of them will appreciate to see that you try to adapt. FOR WOMEN : bring trousers or short trousers and t-shirts covering shoulders, as well as a tshirt (and maybe a short) for swimming. Obviously, when we are alone in remote areas you can dress as you like. FOR MEN : bring trousers or long shorts. FOR ALL : bring a pareo or big towell to change your clothes, since nudity is not admitted... tatoos should also be covered.

> AL MAALAM TOURS - المعلم لتنظيم الرحلات سياحية NIZWA - SULTANATE OF OMAN www.omantrekkingguides.com